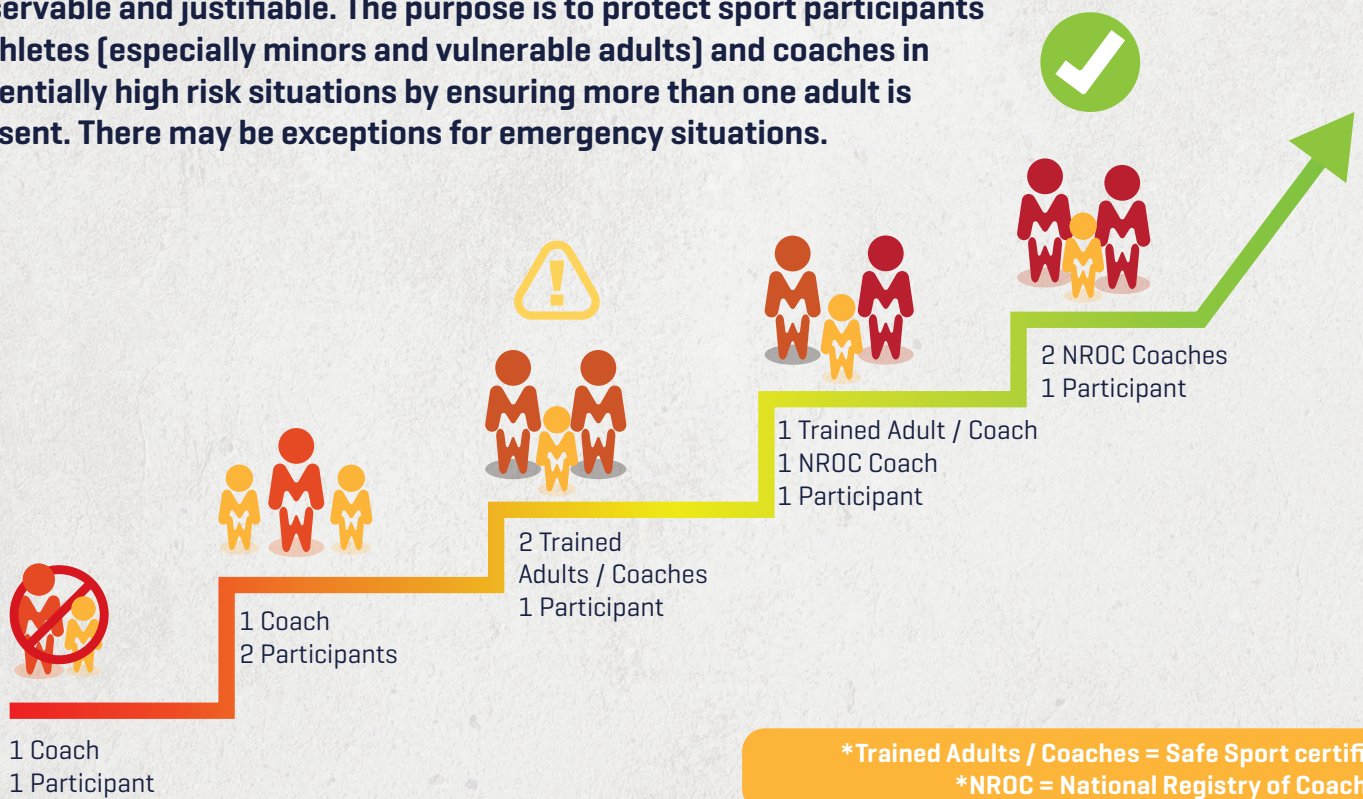


# Safeguarding in Sport is Everyone's Responsibility

#SGSafeSport Play Your Part

## Rule of Two

The goal of the Rule of Two is to ensure all interactions are open, observable and justifiable. The purpose is to protect sport participants / athletes (especially minors and vulnerable adults) and coaches in potentially high risk situations by ensuring more than one adult is present. There may be exceptions for emergency situations.



## Good Rule of Two Implementation Practices:

- The coach is never alone and out of sight with a participant without another NROC coach or trained adult (parents or volunteer or sport administrator) present.
- Allow training environment to be open to observation by others or public.
- Consider the gender of the participant(s) when selecting the NROC coaches and volunteers who are present.
- Eliminate one-to-one electronic messaging. Ensure that all communications are sent to the group and/or include parents.

Adapted from Coaching Association of Canada's Responsible Coaching Movement

An initiative by

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