#SGSafeSport Play Your Part

SAFE SPORT RISK ASSESSMENT IN COACHING

If your answer is "Yes" to the questions below, put a tick in the boxes.

ATHLETES / PARTICIPANTS TYPE

Ш	Age: A	re they 18	years old	d and be	elow?	

- **Ability:** Persons with Disabilities or Vulnerable Individuals?*
- ☐ **Gender:** Are your coaching athletes of the opposite gender?
- Number of athletes: Are you coaching only 1 athlete?

Are there any other persons present?

VENUE

Is your coaching session conducted....

- ☐ Closed facility or environment (not in the open)?*
- □ Overseas?

Activity

Does your coaching session / sport involve....

- Physical contact with the athletes/participants? *
- ☐ Physical contact between the athletes/participants?*
- Mixed gender activities?
- ☐ Do you schedule for **adequate breaks** (rest, hydration)?

If you indicated a tick to any of the questions with * or attained more than 3 ticks in total, note that your coaching may fall into a high-risk situation, hence proper safeguards must be in place.

An initiative by





